

I create good work
because it's what my soul was
meant to do

*Creating is a GIFT and I will
treat it with care & respect*

*When I step into my workspace I will
show up with lots of LOVE for
myself and my practice*

Creating is a Gift I get to tend to

When I create I will appreciate
where I've been, where I'm going
and where I'm at.

*I have everything I need to show up
and do good meaningful work*

*My efforts are making a
difference each day*

I will not let the worries of
yesterday affect how I show up
for the world today

*I will create pure, brave and
joyful work*

I am not afraid to do BIG things

I may not know how to do
it YET

Progress is slow and quiet

*The things I am creating bring
goodness to myself and others*

I will do things even if I am
scared and unsure. I trust the
process of growing even if I am
afraid right now

Today is a gift & I have
everything I need to show up &
give my best

*I am capable of doing what
needs to be done.*