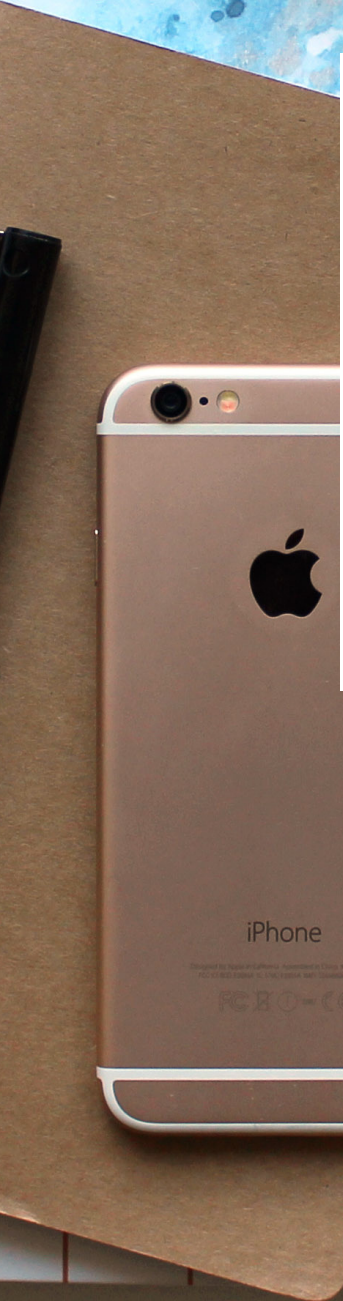




*GOAL SHEET
& WORKBOOK*

KENDRACASTILLO.COM



Creating Goals...

It's really important to create goals for yourself and your business. Even if they may feel small or maybe something bigger enough that it scares you just a little. Taking the time to set up something to work toward will keep you focused and on a progressive track. One of the best ways I have learned to create realistic and achievable goals is to create **weekly**, **monthly** and **yearly** goals for myself.

By breaking your goals into bitesized chunks you are able to realistically conquer those large, seemingly scary goals you wouldn't think possible. When you look at goals this way you may surprise yourself at the end of the year!

Also, take time to celebrate your small & large accomplishments!

On the days you're home and lacking inspiration, you can look back at your goals & regain perspective & inspiration. By tackling one of the things on your list you will see progress, and every small accomplishment leads you to your end goals!

GOALS!

This may be my favorite part, now it's time to set goals that will help you accomplish all your business dreams!

(Keep in mind, this is the space to dream big and it's ok if your goals change and adjust as your business/ life does)

Jumpstart Questions:

“If I could do anything with my creative passion what would it be?”

“If I felt financially secure in my business I would love to... ”

“If I could grow in one area of my personal life what would it be?”

YEARLY:

1.

2.

3.

4.

MONTHLY:

1.

2.

3.

4.

WEEKLY:

1.

2.

3.

4.

Now...

Get ready to conquer this year and start checking off all
the goals only dreamed about moments ago!

**Print out this last page
to use however you see fit!**

Goals

dare to dream bigger than you ever thought before

